

SATURDAY - 13.09.2025



Guided E-Bike: Kronplatz tour

E-bike tour around the Kronplatz

🕒 09:00 - 15:30 | 📍 Tourist Info Olang & Tourist Info Niederrassen, |
📄 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 45.- (with bike rental), otherwise € 65.- (with bike rental) | € Chargeable |
📞 +39 0474 496277



enduro.tirol Tour

The enduro.tirol Tour is an all-mountain experience for all bikers who love mountain biking!

🕒 09:00 - 17:00 | 📍 Kronplatz | 📄 <https://www.enduro.tirol/en/start/#anmeldung> | 📞 +39 0474 551500



Cattle down Brunst

Almabtrieb Olang on 13/09: cattle return, start 11 am in Oberolang, with music, raffle & regional delights.

🕒 11:00 - 23:59 | 📍 Oberolang - Winklwieze | 📞 +39 348 834 3438



Duck race

Fun duck race with bathtub ducks in the recreational park in Niederrassen.

The proceeds go to charity!

🕒 13:30 - 17:00 | 📍 Recreational park, Niederrassen / Rasun di Sotto



Kronplatz by Night

Have you ever wanted to experience Kronplatz at night? Wonder at the sunset over the main Alpine ridge & the Dolomites? Then Kronplatz by Night is your event!

🕒 17:45 - 23:00 | 📍 Kronplatz | 📞 0474431017



Anniversary celebration and chainsaw competition

Anniversary celebration & chainsaw competition

🕒 19:00 - 00:00 | 📍 Culture House, Oberrassen

SUNDAY - 14.09.2025



enduro.tirol Tour

The enduro.tirol Tour is an all-mountain experience for all bikers who love mountain biking!

🕒 09:00 - 17:00 | 📍 Kronplatz | 📄 <https://www.enduro.tirol/en/start/#anmeldung> | 📞 +39 0474 551500



Chainsaw competition of the South Tyrolean Rural Youth

The SBJ district of Puster Valley invites you on September 14th, 2025, to the "Chainsaw Competition of the South Tyrolean Rural Youth".

🕒 09:00 - 16:00 | 📍 Culture house Oberrassen, Oberrassen | 📞 +39 338 6596809



Car-free day at the Staller Sattel

On the car-free day, the mountain pass road is reserved entirely for cyclists and hikers!

The road is closed to traffic from 10:30 a.m. to 3:45 p.m.

Cyclists and pedestrians can enjoy the route freely and safely.

There are several refreshment stops along the way, perfect for a relaxing break.

TIROLER ALPINE HUT: White sausages and local specialties

ANTHOLZER WILDSEE HAUS: Ramen by...

🕒 10:30 - 15:45 | 📍 Staller Saddle | 📞 +39 0474 496158



Summit sounds

On a total of 11 dates, the summit of Kronplatz will be the setting for a special cultural experience that brings South Tyrolean tradition to life.

🕒 11:00 - 13:00 | 📍 Kronplatz | 📞 +39 0474 551500



Anniversary celebration and chainsaw competition

Anniversary celebration & chainsaw competition

🕒 12:00 - 22:00 | 📍 Culture House, Oberrassen



Appetizer and dessert weeks

Ramen specialty week at Antholzer Wildsee Houx. Open continuously from noon to 8 pm. (closed on Mondays)

🕒 12:00 - 20:00 | 📍 Antholzer Wildsee Haus, Lake Antholz | 📄 Reservation: +39 0474 492412 | open from noon to 8 pm. | closed on Mondays | 📞 +39 0474 492412

MONDAY - 15.09.2025



Guided E-Bike Tour to the Pragser Wildsee

Easy e-bike tour to Pragser Wildsee lake (from 10 years). Difference in altitude: 530 m.

🕒 09:30 - 14:00 | 📍 Tourist Info Olang & Tourist Info Niederrassen, |
📄 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 45.- (with bike rental), otherwise € 65.- (with bike rental) | € Chargeable |
📞 +39 0474 496277



Farm tour with food tasting

Interested in visiting one of our characteristic farmsteads? The farm invites you to take a tour of its barn, stables, petting zoo and dairy farm.

🕒 14:00 - 16:00 | 📍 Meeting point: 2 p.m. at Moarhof farm in the locality of Obergoste, Niederrassen, |
📄 within 9 am. online or in the tourist offices | with Kronplatz Guest Pass € 15.-, otherwise € 30.- per person | € Chargeable | 📞 +39 0474 496269



Adventure tour with guide and segway

Segway tour at a special price! Registration takes place directly at the Cimaschool.

🕒 15:30 - 16:30 | 📍 Cimaschool, Mitterolang | 📍 Directly in the cimaschool in Mitterolang | 📞 +39 0474 497190



Speck & Wine

Discover South Tyrolean speck and be surprised by a unique combination with South Tyrolean wine.

🕒 16:00 | 📍 Steiner Butchery, Niederrasen | 📍 within 3 p.m. online or at the Steiner Butchery | Fee: with a Guest Pass of the Kronplatz Dolomites Region € 15.-, otherwise € 20.- per person | € Chargeable | 📞 +39 0474 496849

TUESDAY - 16.09.2025



Bread and speck experience

Enjoy South Tyrolean speck on crispy Breatl

🕒 10:00 - 12:00 | 📍 Mid station Olang 1+2, Olang | € Chargeable | 📞 +39 0474 496 277



Biathlon Stadium tour (In German language)

STADIUM TOUR

Past, Present, Future: The stadium in change

🕒 10:30 - 12:30 | 📍 Meeting point: 10.30 am. at the administrative building, Südtirol Arena Alto Adige, Antholz Obertal | 📍 within 5 p.m. of the previous day at the Biathlon Worldcup committee, phone +39 0474 492390 or online: <https://reservation.biathlon-antholz.it/> (limited number of participants!) | Fee: € 20 per person | € Chargeable | 📞 +39 0474 492390



Appetizer and dessert weeks

Ramen specialty week at Antholzer Wildsee Houx. Open continuously from noon to 8 pm. (closed on Mondays)

🕒 12:00 - 20:00 | 📍 Antholzer Wildsee Haus, Lake Antholz | 📍 Reservation: +39 0474 492412 | open from noon to 8 pm. | closed on Mondays | 📞 +39 0474 492412



FARMAT Summer Lounge | Tasting - Aperitivo - Shop

Here, taste explorers, foodies, and travelers meet to dive into the world of Farmat – all in a relaxed and unforgettable summer setting.

🕒 16:00 - 22:00 | 📍 Vierbrunnenstraße 21, Antholz Mittertal | 📞 +39 346 494529

WEDNESDAY - 17.09.2025



Sunrise hike in Valdaora

Guided sunrise hike to the Spitzhorn

🕒 05:00 - 08:30 | 📍 Mitterolang | 📍 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 10.-, otherwise € 20.- per person | € Chargeable | 📞 +39 0474 496277



GRAIN, MILLSTONES and SOURDOUGH: a bread baking day at the mill

Expertly guided tour through the historic mill and then you can look over the baker's shoulder: from kneading the dough to taking the fragrant bread out of the oven

🕒 09:30 - 11:30 | 📍 Meeting point: at 9.30 a.m. at the fish farm Pichlerhof in Antholz Obertal, | 📍 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 20.-, otherwise € 30.- per person | € Chargeable | 📞 +39 0474 496269



Guided E-Bike Tour to the lake of Antholz

E-bike tour to the lake of Antholz (from 10 years)

🕒 09:30 - 14:00 | 📍 Tourist Info Olang & Tourist Info Niederrasen, | 📍 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 45.- (with bike rental), otherwise € 65.- (with bike rental) | € Chargeable | 📞 +39 0474 496277



Appetizer and dessert weeks

Ramen specialty week at Antholzer Wildsee Houx. Open continuously from noon to 8 pm. (closed on Mondays)

🕒 12:00 - 20:00 | 📍 Antholzer Wildsee Haus, Lake Antholz | 📍 Reservation: +39 0474 492412 | open from noon to 8 pm. | closed on Mondays | 📞 +39 0474 492412



Plant your tree

You'll plant your own tree together with our gardener!

🕒 15:00 - 17:00 | 📍 Meeting point: at 3 pm. (see detailed description), Niederrasen | 📍 within 5 p.m. online or in the tourist offices | Fee: with Kronplatz Guest Pass € 10.-, otherwise € 20.- per person | € Chargeable | 📞 +39 0474 496269



Adventure tour with guide and segway

Segway tour at a special price! Registration takes place directly at the Cimaschool.

🕒 15:30 - 16:30 | 📍 Cimaschool, Mitterolang | 📍 Directly in the cimaschool in Mitterolang | 📞 +39 0474 497190



Wine tasting at the Steiner Butchery | Terlan Winery

You have the opportunity to get to know the best wines, to taste them and to be introduced to the world of South Tyrolean viticulture by an expert sommelier.

🕒 16:00 | 📍 Steiner Butchery, Niederrasen | 📍 within 3 p.m. online or at the Steiner Butchery | Fee: with Kronplatz Guest Pass € 13.-, otherwise € 15.- per person | € Chargeable | 📞 +39 0474 496849

THURSDAY - 18.09.2025



HIGHLIGHT: Via Ferrata Tour in the Dolomites UNESCO World Heritage

Hike and rope route to the lake of Prags

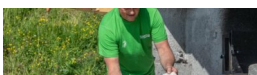
🕒 08:00 - 15:00 | 📍 Florianiplatz 19, Olang/Valdaora | 📍 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 30.-, otherwise € 60.- per person | € Chargeable | 📞 +39 0474 496277



Alpine pasture hike with Irene (High walk Anterselva)

Tour: sports area / Antholz Mittertal (1.259) > Klammbach waterfall (1.508) > Berger Alm hut (1.600) > high walk Antholz > Kumpfl Alm hut (1.653)

🕒 08:30 - 16:00 | 📍 Meeting point: 8.30 am | 📍 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 10.-, otherwise € 15.- per person | € Chargeable | 📞 +39 0474 496269



Bread and butter experience

Discover real South Tyrolean flavors at 2,000m

🕒 10:00 - 12:00 | 📍 Mid station Olang 1+2, Olang | € Chargeable | 📞 +39 0474 496 277



Biathlon Stadium tour (In German language)

STADIUM TOUR

Past, Present, Future: The stadium in change

🕒 10:30 - 12:30 | 📍 Meeting point: 10.30 am. at the administrative building, Südtirol Arena Alto Adige, Antholz Obertal |
📄 within 5 p.m. of the previous day at the Biathlon Worldcup committee, phone +39 0474 492390 or online: <https://reservation.biathlon-antholz.it/> (limited number of participants!) | Fee: € 20 per
| € Chargeable | 📞 +39 0474 492390



Appetizer and dessert weeks

Ramen specialty week at Antholzer Wildsee Houx. Open continuously from noon to 8 pm. (closed on Mondays)

🕒 12:00 - 20:00 | 📍 Antholzer Wildsee Haus, Lake Antholz | 📄 Reservation: +39 0474 492412 | open from noon to 8 pm. | closed on Mondays | 📞 +39 0474 492412



Autogiro d'Italia

across Italy_ from west to east

🕒 14:00 - 17:00 | 📍 Town Hall Square, Bruneck/Brunico | 📞 +39 0474 555722



WORKSHOP: textile craft - macramè

What to expect a creative macramé workshop!

🕒 15:00 - 17:00 | 📍 Pichlerhof, Obertalerstraße 20, Meeting point: 3 pm |
📄 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 10.-, otherwise € 20- per person | € Chargeable | 📞 +39 0474 496269



FARMAT Summer Lounge | Tasting - Aperitivo - Shop

Here, taste explorers, foodies, and travelers meet to dive into the world of Farmat – all in a relaxed and unforgettable summer setting.

🕒 16:00 - 22:00 | 📍 Vierbrunnenstraße 21, Antholz Mittertal | 📞 +39 346 494529

FRIDAY - 19.09.2025



Climbing tour Cime Grande

A wonderful climbing tour which shows you the spectacular panorama of the Dolomites. Finish is the top of the Grande Cima of the Three Peaks.

🕒 06:00 - 18:00 | 📍 Three Peaks, Three Peaks | 📞 +39 347 3321416



Guided E-Bike Tour through the Dolomites UNESCO World Heritage

E-bike tour through the Dolomites UNESCO World Heritage

🕒 09:00 - 15:30 | 📍 Tourist Info Olang & Tourist Info Niederrassen, |
📄 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 45.- (with bike rental), otherwise € 65.- (with bike rental) | € Chargeable |
📞 +39 0474 496277



From milk to butter

Christian will take you to his farm, the Eggerhöfe, to show you how butter is made.

🕒 10:00 - 12:00 | 📍 Meeting point: 10 am. at the Egger farm, Antholz Mittertal |
📄 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 10.-, otherwise € 15.- per person | € Chargeable | 📞 +39 0474 496269



Appetizer and dessert weeks

Ramen specialty week at Antholzer Wildsee Houx. Open continuously from noon to 8 pm. (closed on Mondays)

🕒 12:00 - 20:00 | 📍 Antholzer Wildsee Haus, Lake Antholz | 📄 Reservation: +39 0474 492412 | open from noon to 8 pm. | closed on Mondays | 📞 +39 0474 492412



Traces of time: a historical discovery tour with a visit to the bunker

Leisurely walk to historical locations in Niederrassen.

🕒 12:00 - 14:30 | 📍 Meeting point: at noon at the Tourist Info, Niederrassen |
📄 within 5 p.m. online or in the tourist offices | Fee: with Kronplatz Guest Pass free of costs, otherwise € 10.- per person | € Chargeable | 📞 +39 0474 496269



8th South Tyrolean Carter's Days

Festival weekend with horse show, competitions, parade, shows and music.

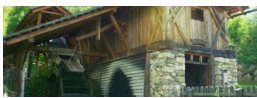
🕒 13:00 - 23:59 | 📍 Niederrassen



FARMAT Distilled Spirits Tasting

Here, taste explorers, foodies, and travelers meet to dive into the world of Farmat – all in a relaxed and unforgettable summer setting. Every Tue. & Thu.: 4-10 pm.

🕒 16:00 - 17:00 | 📍 Antholz Mittertal, Vierbrunnenstraße 21, Meeting point: 4 pm. FARMAT Summer Lounge |
📄 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 10.-, otherwise € 20 per person | € Chargeable | 📞 +39 0474 496269



Old handicraft - Visit of the old sawmill "Lipper"

Guided visit of the old sawmill Lipper of the 18th century.

🕒 17:00 - 19:00 | 📍 Sawmill Lipper, Valdaora di Sopra / Oberolang |
📄 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 5.-, otherwise € 15.- per person | € Chargeable | 📞 +39 0474 496 277

SATURDAY - 20.09.2025



Guided E-Bike: Kronplatz tour

E-bike tour around the Kronplatz

🕒 09:00 - 15:30 | 📍 Tourist Info Olang & Tourist Info Niederrassen, |
📄 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 45.- (with bike rental), otherwise € 65.- (with bike rental) | € Chargeable |
📞 +39 0474 496277



8th South Tyrolean Carter's Days

Festival weekend with horse show, competitions, parade, shows and music.

🕒 10:00 - 23:59 | 📍 Niederrassen



Appetizer and dessert weeks

Ramen specialty week at Antholzer Wildsee Houx. Open continuously from noon to 8 pm. (closed on Mondays)

🕒 12:00 - 20:00 | 📍 Antholzer Wildsee Haus, Lake Antholz | 📄 Reservation: +39 0474 492412 | open from noon to 8 pm. | closed on Mondays | 📞 +39 0474 492412



Wild game menu on the alpine pasture

Game menu + 1 aperitif € 65 per pers.

🕒 18:00 - 22:00 | 📍 Hochraut Alpine Hut, Oberrassen | 📄 Only with reservation by whatsapp: +39 345 9245776 | Starts: 6 pm. | 📞 +39 0474 492412



Mountain mass

Mountain mass at Vogelgrand peak (2.277 m). Start 11.00 am
Afterwards, delicious dishes are prepared for lunch in the Staller Hut.
🕒 11:00 - 12:00 | 📍 Mount Vogelgrand (2.277 m), Staller Saddle



8th South Tyrolean Carter's Days

Festival weekend with horse show, competitions, parade, shows and music.
🕒 11:30 - 22:00 | 📍 Niederrasen



Appetizer and dessert weeks

Ramen specialty week at Antholzer Wildsee Houx. Open continuously from noon to 8 pm. (closed on Mondays)
🕒 12:00 - 20:00 | 📍 Antholzer Wildsee Haus, Lake Antholz | 📞 Reservation: +39 0474 492412 | open from noon to 8 pm. | closed on Mondays | 📞 +39 0474 492412

🕒 Time | 📍 Venue | 📄 Enrolment infos | 💶 Chargeable | 📞 Contact

Tourismusverein Antholzertal

Via Rasun di Sotto 35 F, 39030 Valle Anterselva
Tel. +39 0474496269 | <http://www.antholzertal.com>

For more Information:
antholzertal.guest.net

