

FRIDAY - 15.08.2025



Climbing tour Cime Grande

A wonderful climbing tour which shows you the spectacular panorama of the Dolomites. Finish is the top of the Grande Cima of the Three Peaks.

🕒 06:00 - 18:00 | 📍 Three Peaks, Three Peaks | 📞 +39 347 3321416



Guided E-Bike Tour through the Dolomites UNESCO World Heritage

E-bike tour through the Dolomites UNESCO World Heritage

🕒 09:00 - 15:30 | 📍 Tourist Info Olang & Tourist Info Niederrassen, |
 📅 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 45.- (with bike rental), otherwise € 65.- (with bike rental) | € Chargeable |
 📞 +39 0474 496277



Adventure Camp for kids (from 6 - 12 years)

A day full of adventures for kids – Archery, Mountainboarding and much more

🕒 10:00 - 13:00 | 📍 Kids Area Panorama, Oberolang | 📅 within 5 pm. of the previous day online or in the tourist offices | Exclusive for guests with the Kronplatz Guest Pass |
 € Chargeable | 📞 +39 0474 496277



Mid-summer-festival in Niederrassen

Live music and southtyrolean specialties at the recreational parc in Niederrassen. Beginn: 10.00 a.m.

🕒 10:00 - 23:00 | 📍 Recreational parc, Niederrassen | 📞 +39 329 2765010



Summit sounds

On a total of 11 dates, the summit of Kronplatz will be the setting for a special cultural experience that brings South Tyrolean tradition to life.

🕒 11:00 - 13:00 | 📍 Kronplatz | 📞 +39 0474 551500



Festival of the music band Antholz

Music festival with culinary specialties and musical entertainment.

🕒 11:00 - 22:00 | 📍 Antholz Mittertal; sport zone, Antholz Mittertal



Traces of time: a historical discovery tour with a visit to the bunker

Leisurely walk to historical locations in Niederrassen.

🕒 12:00 - 14:30 | 📍 Meeting point: at noon at the Tourist Info, Niederrassen |
 📅 within 5 p.m. online or in the tourist offices | Fee: with Kronplatz Guest Pass free of costs, otherwise € 10.- per person | € Chargeable | 📞 +39 0474 496269



MTB Kids Academy for kids at the MTB area Antholz Niedertal (8-12 years)

Bike fans get their money's worth in the MTB area behind the fish pond in Antholz Niedertal (Bike rental and shuttle service included).

🕒 14:00 - 17:00 | 📍 MTB Parcours, Antholz Niedertal, Meeting point: 1.45 pm. Olang | 2 pm. Niederrassen |
 📅 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 10.-, otherwise € 25.- per person | € Chargeable | 📞 +39 0474 496269

SATURDAY - 16.08.2025



Guided E-Bike: Kronplatz tour

E-bike tour around the Kronplatz

🕒 09:30 - 15:30 | 📍 Tourist Info Olang & Tourist Info Niederrassen, |
 📅 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 45.- (with bike rental), otherwise € 65.- (with bike rental) | € Chargeable |
 📞 +39 0474 496277

SUNDAY - 17.08.2025



Summit sounds

On a total of 11 dates, the summit of Kronplatz will be the setting for a special cultural experience that brings South Tyrolean tradition to life.

🕒 11:00 - 13:00 | 📍 Kronplatz | 📞 +39 0474 551500

MONDAY - 18.08.2025



Guided E-Bike Tour to the Pragser Wildsee

Easy e-bike tour to Pragser Wildsee lake (from 10 years). Difference in altitude: 530 m.

🕒 09:30 - 14:00 | 📍 Tourist Info Olang & Tourist Info Niederrassen, |
 📅 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 45.- (with bike rental), otherwise € 65.- (with bike rental) | € Chargeable |
 📞 +39 0474 496277



Adventure Camp for kids (from 6 - 12 years)

A day full of adventures for kids – Archery, Mountainboarding and much more

🕒 10:00 - 13:00 | 📍 Kids Area Panorama, Oberolang | 📅 within 5 pm. of the previous day online or in the tourist offices | Exclusive for guests with the Kronplatz Guest Pass |
 € Chargeable | 📞 +39 0474 496277



Family hike to the huts of Olang

Leisurely hike to the Angerer Hut

🕒 10:00 - 15:00 | 📍 Piazza Floriani 19, Valdaora di Mezzo / Mitterolang |
 📅 within Monday 9a.m. online or in the tourist offices | Fee: with Kronplatz Guest Pass € 5.-, otherwise € 15.- per person | € Chargeable | 📞 +39 0474 496 277



Farm tour with food tasting

Interested in visiting one of our characteristic farmsteads? The farm invites you to take a tour of its barn, stables, petting zoo and dairy farm.

- 🕒 14:00 - 16:00 | 📍 Meeting point: 2 p.m. at Moarhof farm in the locality of Obergoste, Niederrassen, |
📅 within 9 am. online or in the tourist offices | with Kronplatz Guest Pass € 20.-, otherwise € 30.- per person | € Chargeable | 📞 +39 0474 496269



Speck & Wine

Discover South Tyrolean speck and be surprised by a unique combination with South Tyrolean wine.

- 🕒 16:00 | 📍 Steiner Butchery, Niederrassen |
📅 within 3 p.m. online or at the Steiner Butchery | Fee: with a Guest Pass of the Kronplatz Dolomites Region € 15.-, otherwise € 20.- per person | € Chargeable | 📞 +39 0474 496849

TUESDAY - 19.08.2025



Sunrise Via ferrata at Monte Paterno

Via ferrata in the Dolomites: fascinating sunrise with a stunning view of the Three Peaks

- 🕒 04:30 - 15:00 | 📍 Mount Paterno, Mount Paterno | 📞 +39 347 3321416



Via ferrata Piz da Peres

Attention: minimum age 16 years.

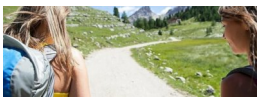
- 🕒 08:00 - 15:00 | 📍 Str. Plan de Coronas 38/1, San Vigilio di Marebbe | 📅 At the San Vigilio/San Martino Tourist Offices or online by 5 p.m. of the day before | € Chargeable |
📞 +39 0474 501037



Yoga at the fish pond: Muscle awakening

The yoga experience at the fish pond in Antholz Niedertal is an oasis of calm that allows you to find your balance and peace in the breathtaking mountain scenery.

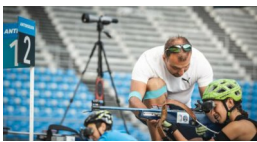
- 🕒 09:00 - 10:00 | 📍 Meeting point: at 9.00 a.m. at the fish ponds foot bridge in Antholz Niedertal, Antholz Niedertal |
📅 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 5.-, otherwise € 15.- per person | € Chargeable | 📞 +39 0474 496269



Challenging hike

Mountain hike with our alpine guide

- 🕒 09:00 - 15:00 | 📍 Florianiplatz 19, Valdaora di Mezzo / Mitterolanz |
📅 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 5.-, otherwise € 15.- per person | € Chargeable | 📞 +39 0474 496277



On the roots of the Biathlon champions (In German and Italian Language)

STADIUM TOUR

Past, Present, Future: The stadium in change

- 🕒 10:30 - 12:30 | 📍 Administrative building, Antholz Obertal |
📅 within 5 p.m. of the previous day at the Biathlon Worldcup committee, phone +39 0474 492390 or online: <https://reservation.biathlon-antholz.it/> (limited number of participants!) | Fee: € 20 per person | € Chargeable | 📞 +39 0474 492390



Bees: a queen and her people | stroll to the beehive

Equipped with protective beekeeping clothing, you will have the opportunity to observe a bee colony and learn more about honey.

- 🕒 16:00 - 17:30 | 📍 Meeting point: 16.00 am. at the beekeeping Berger Edmund, Antholz Mittertal |
📅 within 10 am. online or in the tourist offices | Fee: with Kronplatz Guest Pass € 10.-, otherwise € 20.- per person | € Chargeable | 📞 +39 0474 496269



FARMAT Summer Lounge | Tasting - Aperitivo - Shop

Here, taste explorers, foodies, and travelers meet to dive into the world of Farmat – all in a relaxed and unforgettable summer setting.

- 🕒 16:00 - 22:00 | 📍 Vierbrunnenstraße 21, Antholz Mittertal | 📞 +39 346 494529

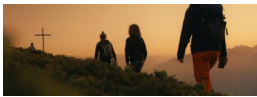


KIDS-HIGHLIGHT: Climb Adventure & Zipline

Climbing and zipline adventure for children

- 🕒 16:15 - 18:00 | 📍 Climbing area, Antholz Niedertal |
📅 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 20.-, otherwise € 40.- per person | € Chargeable | 📞 +39 0474 496277

WEDNESDAY - 20.08.2025



Sunrise hike in Valdaora

Guided sunrise hike to the Spitzhorn

- 🕒 04:30 - 08:30 | 📍 Mitterolanz | 📅 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 10.-, otherwise € 20.- per person |
€ Chargeable | 📞 +39 0474 496277



Explore the mushrooms world - half day stroll

Mushroom tour with mycologist Claudio. Participation also possible without picking mushrooms yourself.

- 🕒 09:00 - 12:30 | 📍 Meeting point: at 9 a.m. at the Tourist Info Anterselva di Mezzo, Antholz Obertal |
📅 within 5 p.m. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 5.-, otherwise € 15.- per person | € Chargeable | 📞 +39 0474 496269



GRAIN, MILLSTONES and SOURDOUGH: a bread baking day at the mill

Expertly guided tour through the historic mill and then you can look over the baker's shoulder: from kneading the dough to taking the fragrant bread out of the oven

- 🕒 09:30 - 11:30 | 📍 Meeting point: at 9.30 a.m. at the fish farm Pichlerhof in Antholz Obertal, |
📅 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 20.-, otherwise € 30.- per person | € Chargeable | 📞 +39 0474 496269



Kids climbing for kids

Enjoy a great day at the climbing wall in Antholz Niedertal / Anterselva di Sotto, with zipline ride.

- 🕒 09:30 - 12:30 | 📍 Meeting point: 9.30 am. at the Bar Fischerteich, near the fish pond, Antholz Niedertal |
📅 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 20.-, otherwise € 40.- per person | € Chargeable | 📞 +39 0474 496269



Guided E-Bike Tour to the lake of Antholz

E-bike tour to the lake of Antholz (from 10 years)

- 🕒 09:30 - 14:00 | 📍 Tourist Info Olang & Tourist Info Niederrassen, |
📅 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 45.- (with bike rental), otherwise € 65.- (with bike rental) | € Chargeable |
📞 +39 0474 496277



Family hike on the Kronplatz

A day for the whole family on the Plan de Coronas

- 🕒 09:45 - 13:00 | 📍 Kronplatz, Olang | 📅 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 5.-, otherwise € 15.- per person |
€ Chargeable | 📞 +39 0474 496277



Climbing for teenagers and adults

Mountain guide Martin helps you to try yourself on the climbing rock!

- 🕒 13:00 - 14:30 | 📍 Meeting point: 1 pm. at the Bar Fischerteich, near the fish pond, Antholz Niedertal |
- 📄 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 20.-, otherwise € 40.- per person | € Chargeable | 📞 +39 0474 496269



Season hike – exploring the use of herbs

Herbal hike through the fields of Olang with tasting

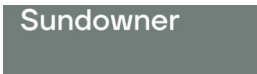
- 🕒 14:00 - 17:00 | 📍 Florianiplatz 19, Valdaora di Mezzo / Mitterolang |
- 📄 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 5.-, otherwise € 15.- per person | € Chargeable | 📞 +39 0474 496277



MTB Kids Academy (6-10 years)

Introductory session on the mountain bike

- 🕒 15:00 - 17:00 | 📍 Kids Area Panorama - Via dello slittino, Valdaora di Sopra / Oberolang |
- 📄 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 10.-, otherwise € 25.- per person | € Chargeable | 📞 +39 0474 496277



Heufler Sundowner

A summer evening at Ansitz Heufler with cocktails, snacks, and live music by Hubert Dorigatti.

- 🕒 18:30 - 21:30 | 📍 Ansitz Heufler, Oberrasen | 📞 +39 0474 496269

THURSDAY - 21.08.2025



Summit sunrise tour and alpine breakfast

Guided night hike to the Hinterbergkofel (2,725 m) with alpine breakfast at the Außeweger cabin. Walking time: approx. 5 h (there and back) Difficulty: medium

- 🕒 03:15 - 12:00 | 📍 Meeting point: sports area Antholz Mittertal, Hinterbergkofel peak |
- 📄 Tourist Info Antholzertal within 5 p.m. of the previous day | Fee: 45 per person (children up to 14 years € 35) | € Chargeable | 📞 +39 0474 496269



HIGHLIGHT: Via Ferrata Tour in the Dolomites UNESCO World Heritage

Hike and rope route to the lake of Prags

- 🕒 08:00 - 15:00 | 📍 Florianiplatz 19, Olang/Valdaora |
- 📄 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 30.-, otherwise € 60.- per person | € Chargeable | 📞 +39 0474 496277



Nature park hike with Gilbert | Topic: habitat of golden eagle & bearded vulture

Tour: Staller Saddle (2.052) > Mount "Kleines Mandl" (2.591)

- 🕒 08:00 - 15:30 | 📍 Meeting point: 8.30 am | 📄 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 10.-, otherwise € 15.- per person | € Chargeable | 📞 +39 0474 496269



Goat Meetup (for children aged 6–10):

Do you want to experience goats up close? Then join our Goat Meetup (for children aged 6–10). Enjoy play, fun, and learning in the goat pasture!

- 🕒 09:30 - 12:00 | 📍 Tischlerhof farm, Antholz Niedertal | 📄 within 5 pm. of the previous day, T. +39 346 3378562 | Fee: € 35.- per children (snack included) | € Chargeable | 📞 +39 346 3378562



MTB Kids Academy (10-14 years)

Introductory session on the mountainbike

- 🕒 15:00 - 17:00 | 📍 Kids Area Panorama, Oberolang | 📄 within 5 pm. of the previous day online or in the tourist offices | Fee: Kronplatz Guest Pass € 10.-, otherwise € 25.- per person | € Chargeable | 📞 +39 0474 496277



FARMAT Summer Lounge | Tasting - Aperitivo - Shop

Here, taste explorers, foodies, and travelers meet to dive into the world of Farmat – all in a relaxed and unforgettable summer setting.

- 🕒 16:00 - 22:00 | 📍 Vierbrunnenstraße 21, Antholz Mittertal | 📞 +39 346 494529



Concert of the music band of Niederrasen

Concert of the music band of Niederrasen at the Niederrasen band stand.

Starts at 8:45 p.m.

- 🕒 20:30 - 21:30 | 📍 festival ground Niederrasen, Niederrasen

FRIDAY - 22.08.2025



Climbing tour Cime Grande

A wonderful climbing tour which shows you the spectacular panorama of the Dolomites. Finish is the top of the Grande Cima of the Three Peaks.

- 🕒 06:00 - 18:00 | 📍 Three Peaks, Three Peaks | 📞 +39 347 3321416



Guided E-Bike Tour through the Dolomites UNESCO World Heritage

E-bike tour through the Dolomites UNESCO World Heritage

- 🕒 09:00 - 15:30 | 📍 Tourist Info Olang & Tourist Info Niederrasen, |
- 📄 within 5 pm. of the previous day online or in the tourist offices | Fee: with Kronplatz Guest Pass € 45.- (with bike rental), otherwise € 65.- (with bike rental) | € Chargeable | 📞 +39 0474 496277



Adventure Camp for kids (from 6 – 12 years)

A day full of adventures for kids – Archery, Mountainboarding and much more

- 🕒 10:00 - 13:00 | 📍 Kids Area Panorama, Oberolang | 📄 within 5 pm. of the previous day online or in the tourist offices | Exclusive for guests with the Kronplatz Guest Pass | € Chargeable | 📞 +39 0474 496277



Biathlon Stadium tour (In German language)

STADIUM TOUR

Past, Present, Future: The stadium in change

- 🕒 10:30 - 12:30 | 📍 Meeting point: 10.30 am. at the administrative building, Südtirol Arena Alto Adige, Antholz Obertal |
- 📄 within 5 p.m. of the previous day at the Biathlon Worldcup committee, phone +39 0474 492390 or online: <https://reservation.biathlon-antholz.it/> (limited number of participants!) | Fee: € 20 per person | € Chargeable | 📞 +39 0474 492390



Traces of time: a historical discovery tour with a visit to the bunker

Leisurely walk to historical locations in Niederrasen.

- 🕒 12:00 - 14:30 | 📍 Meeting point: at noon at the Tourist Info, Niederrasen |
- 📄 within 5 p.m. online or in the tourist offices | Fee: with Kronplatz Guest Pass free of costs, otherwise € 10.- per person | € Chargeable | 📞 +39 0474 496269



MTB Kids Academy for kids at the MTB area Antholz Niedertal (8-12 years)

Bike fans get their money's worth in the MTB area behind the fish pond in Antholz Niedertal (Bike rental and shuttle service included).

🕒 14:00 - 17:00 | **📍** MTB Parcours, Antholz Niedertal, Meeting point: 1.45 pm. Olang | 2 pm. Niederrasen | **📄** within 5 pm. of the previous day online or in the tourist offices | **💰** Fee: with Kronplatz Guest Pass € 10.-, otherwise € 25.- per person | **💶** Chargeable | **📞** +39 0474 496269



Food specialities tasting

Today you will have the opportunity to get to know and taste the different products from the Steiner butchery in Niederrasen.

Time: 3 pm. - 6 p.m.

🕒 15:00 - 18:00 | **📍** Steiner Butchery, Niederrasen | **📄** No registration requested - free of charge! | **📞** +39 0474 496849



Evening market

The traditional evening market in Antholz offers local specialties, crafts, and a varied program with food and a trampoline for children.

🕒 17:00 - 22:00 | **📍** Centre, Antholz Mittertal | **📞** +39 0474 496269



Kronplatz by Night

Have you ever wanted to experience Kronplatz at night? Wonder at the sunset over the main Alpine ridge & the Dolomites? Then Kronplatz by Night is your event!

🕒 17:45 - 23:00 | **📍** Kronplatz | **📞** 0474431017



Concert of the Josef Leitgeb music band

Concert of the Josef Leitgeb music band at the Antholz Niedertal fish pond.

🕒 19:00 - 21:00 | **📍** fish pond, Antholz Niedertal, Antholz Niedertal

SATURDAY - 23.08.2025



Guided E-Bike: Kronplatz tour

E-bike tour around the Kronplatz

🕒 09:00 - 15:30 | **📍** Tourist Info Olang & Tourist Info Niederrasen, |

📄 within 5 pm. of the previous day online or in the tourist offices | **💰** Fee: with Kronplatz Guest Pass € 45.- (with bike rental), otherwise € 65.- (with bike rental) | **💶** Chargeable | **📞** +39 0474 496277

SUNDAY - 24.08.2025



Traditonal St. Bartholomew market

Traditional St. Bartholomew market in the Niederrasen Recreational Park.

🕒 09:00 - 17:00 | **📍** Recreational Parc, Niederrasen | **📞** +39 0474 496269



Summit sounds

On a total of 11 dates, the summit of Kronplatz will be the setting for a special cultural experience that brings South Tyrolean tradition to life.

🕒 11:00 - 13:00 | **📍** Kronplatz | **📞** +39 0474 551500

🕒 Time | **📍** Venue | **📄** Enrolment infos | **💰** Chargeable | **📞** Contact

Tourismusverein Antholztal

Via Rasun di Sotto 35 F, 39030 Valle Anterselva
Tel. +39 0474496269 | <http://www.antholztal.com>

For more Information:
antholztal.guest.net

